



HEART & SOUL CAFE



Lunch & Dinner Menu

Lunch: Tuesday 11:30AM to 2PM | Wednesday - Saturday 11:30AM to 4PM

Dinner: Wednesday - Saturday 4PM to Close

STARTERS

GF Gluten Free

Loaded Nachos 14

Homemade tortilla chips topped with your choice of carne asada steak, grilled chicken, or spicy pork. Served with red onion, diced tomato, nacho cheese, cilantro, guacamole, and sour cream.

Hearty Mexi Potato Skins 14

Two potato halves, baked, served with red onion, diced tomato, mixed cheese, cilantro, guacamole, and sour cream. Spice it up with jalapenos.

Heart & Soul Sliders 13

Two buttermilk fried chicken patties served on a slider bun with your choice of side.

Taquitos 12

Three crispy, flash-fried, homemade rolled corn tacos with shredded chicken or beef. Served with sour cream and homemade salsa.

Chicken Tenders 13

Buttermilk fried chicken tenders served with french fries.

Wings (Traditional or Boneless) 14 **GF**

Served with blue cheese or ranch

- Buffalo, Hot or Mild
- Sweet chili cilantro
- Honey BBQ
- Honey Hot

Buffalo Cauliflower 11 **GF**

Fresh cauliflower bites tossed in buffalo sauce topped with blue cheese crumbles. Served with your choice of dipping sauce.

Cowboy Pretzel 12

Jumbo Bavarian-style pretzel served with your choice of dipping sauce. Perfect with a draft beer!

SANDWICHES

Served with Fries or Side Salad

(Add \$2 for Onion Rings, Sweet Potato Fries, or Caesar)

Ranch Chicken Sandwich 15

Grilled or fried chicken topped with cheddar cheese, bacon, lettuce, tomato, onion, and ranch dressing.

Turkey Club 13

Turkey, bacon, lettuce, tomato, and mayo on toasted white bread. Try with our chipotle mayo.

French Dip 15

Sliced sirloin with grilled mushrooms and onions on a french roll served with horsey sauce and a side of au jus.

Reuben 15

Sliced corned beef, sauerkraut, pickle chips, Swiss cheese, and Thousand Island on marbled rye.

Pastrami Sandwich 15

Hot pastrami, Swiss cheese, horsey sauce, and coleslaw on a brioche bun.

Philly Cheese Steak 15

Sliced roast beef, pepper jack cheese and provolone with grilled red onions and pepperoncinis on a French roll.

Build Your Own Burger* 14

Topped with lettuce, tomato, onion, and pickles. Add bacon (\$2), cheese (\$1), and veggies (\$1).

Arizona Burger* 15

10 oz burger cooked to order topped with American cheese, bacon, avocado, tomato, jalapeños, grilled onions, and chipotle aioli served with french fries.

Western Burger* 15

Our handcrafted burger patty topped with onion rings, bacon, cheddar cheese, and BBQ sauce.

SALADS **GF**

House Salad 12

Romaine-iceberg blend, cherry tomatoes, cucumber, red onion, and mixed cheese.

Caesar Salad* 14

Chopped romaine, grated parmesan, and homemade croutons tossed in caesar dressing on side.

Add Chicken 5... Steak 7... Salmon 8...

Steak Salad* 16

5 oz Center Cut Sirloin on a bed of romaine-iceberg lettuce with corn, cherry tomatoes, red onion, avocado, crispy French onion strings, and blue cheese crumbles.

Cobb Salad 13

Romaine-iceberg blend, bacon, hard boiled egg, tomato, avocado, and crumbled blue cheese.

Strawberry Salad 15

Fresh strawberries, goat cheese, and pecans served on a bed of spinach with raspberry vinaigrette on the side.

Add Chicken or Salmon (\$3)*

Wedge Salad 11

Bacon, tomato, blue cheese crumbles on a wedge of iceberg lettuce topped with blue cheese dressing and a drizzle of balsamic reduction on the side.

Salmon Chopped Salad* 15

Grilled salmon, red peppers, chopped onion, sliced avocado, corn, couscous, and spinach served with your choice of dressing on the side.

THIRST QUENCHERS

The Bel Air - Our Signature Cocktail 10

Patron Orange Tequila, Ginger Beer, Pineapple Juice, Dash of Bitters and Fresh Squeezed Lime

It Ain't No Rattlesnake 10

Hornitos Tequila, In-House Raspberry Jalapeno Puree, Sweet 'n Sour, Triple Sec, Fresh Limed Juice, Rimmed with Tajin

Savory Saloon Slinger 10

Fifty States Vodka, Muddled Strawberries and Basil, dashed with Local Honey Shake & Strained over Ice & Sprite

What a Mojito 10

White Bacardi Rum, Simple Syrup, Fresh Muddled Mint, Lime Juice, Shaken over Soda

LUNCH SPECIALS

Alejandro's Baja Bowl* 14

Grilled chicken, Carne Asada, or Shrimp served over line cilantro rice, corn black beans, guacamole, pico de gallo, and chipotle sauce. Spicy!

Tamale Love 16

Two pork tamales smothered in red sauce. Served with rice and refried beans

Sirloin Bites 15

Perfect bite-sized sirloin served with our house favorite jalapeño cheese sauce and potato squares

Chicken Wrap 14

Grilled or fried chicken, cheddar cheese, bacon, lettuce, tomato, onion, and ranch dressing wrapped in a flour tortilla.

Shrimp Tacos* 14

Three tacos (crispy or soft shell corn tortillas), spicy shrimp sautéed in homemade chipotle aioli with cabbage, fresh pico de gallo, and avocado

Fish Tacos* 14

Three fish tacos (grilled or fried) on corn tortillas with cabbage, fresh pico de gallo, homemade chipotle aioli, and avocado

Chicken Teriyaki Bowl 14

Grilled chicken served over white rice with broccoli and teriyaki sauce

Handcrafted Flatbread Pizza 15

- Mexican (Carne Asada or Chicken)
- Margarita
- Sausage & Peperoni
- BBQ Chicken
- Chicken Pesto

DINNER ENTREES

Served Wednesday through Saturday after 4PM.

Smothered Hamburger Steak* 14

10 oz hamburger steak served over homestyle mashed potatoes topped with grilled onions and mushrooms smothered in brown gravy

Buttermilk Fried Chicken 17

Our famous buttermilk fried chicken topped with sausage gravy. Served with a veggie medley and mashed potatoes.

Ribeye* 27

10 oz Ribeye grilled to order. Served with a veggie medley and mashed or baked potato

Friday

All-You-Can-Eat Fish Fry 15

Battered cod, golden fried. Served with cole slaw and french fries. Starts at 4PM - Limit three refills.

Wednesday

All-You-Can-Eat Buttermilk Fried Chicken

Starts at 4PM and includes two rounds of additional chicken.

Loaded Mac and Cheese 13

Jalapeño bacon, asparagus, and red pepper topped with chives and queso fresco.

Classic Beef Stroganoff 17

Tender pieces of beef sirloin, mushrooms, creamy brown sauce, and egg noodles

DESSERTS 9

Ask About our Weekly Special!

Brownie a la Mode

Strawberry Shortcake

Churro Cheesecake

Dessert with Specialty Drink (\$15)



KIDS MENU 7

Served with Small Drink and Side of Fries or Grapes

Burger

Cheese Quesadilla

Chicken Fingers

Mac and Cheese

Grilled Cheese Sandwich



VETERAN OWNED AND OPERATED



JACK'S PATIO TREATS

For furry friends on our patio.

Grilled Chicken (Chilled) 4

Grilled Chicken (Chilled) and Rice 6

Grilled Salmon (Chilled) and Rice 7

Bacon (2 pieces) 3



Contact us for your private party or special event! | heartandsoulcafeaz.com | (480) 595-7300

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORN ILLNESS. THESE ITEMS MAY BE COOKED TO ORDER AND MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS.